

NDT/Bobath Introductory Course in Normal Movement and the Management of Hemiplegia “Ages 6 to Geriatrics”

TERESA SIEBOLD, NDTA™ PHYSIOTHERAPY INSTRUCTOR

MARCH 6, 7 and 8, 2020

CALGARY, AB

TUITION

\$595 Early Bird Rate
(until January 24, 2020)

\$650 Regular Rate
(until February 17, 2020)

Tuition includes lunches as well as a course handout.

LOCATION

Carewest

Dr. Vernon Fanning Centre

Conference Room 2

722 16 AVE NE

Calgary, AB T2E 6V7

REGISTRATION INFORMATION

Registration Deadline:
February 17, 2020.

Space is limited to 20 participants and will be first come, first serve.

COURSE SCHEDULE

March 6:

Registration 8:00-8:30

March 6, 7 and 8:

8:30-4:30

COURSE DESCRIPTION

This 3-day interdisciplinary course is designed to give participants basic knowledge about the Neuro-Developmental Treatment (NDT)/Bobath approach and how it is applied in rehabilitation to promote recovery of function. In addition to the history and evolution of NDT practice, core concepts from research in neuroplasticity and motor learning will be discussed. The majority of the weekend is spent in hands-on lab practice. Patient demonstration and video, including children, adults and seniors, will be used to augment the learning process. All rehabilitation disciplines from a variety of clinical areas will find this session applicable to their practice.

COURSE OBJECTIVES

Course participants will be able to:

- Analyze normal and abnormal movement during functional activities
- Identify priority movement impairments restricting client performance and efficiency
- Understand basic treatment concepts of NDT
- Apply NDT framework when making treatment choices related to impairments and activities
- Gain handling skills for facilitation and inhibition to promote normal movement
- Apply activity analysis to guide environment and activity set-up during treatment sessions

INSTRUCTOR

Teresa Siebold, B.H.Sc.PT, B.Sc. Kin, NDTA™ PT Instructor, is a physical therapist with over twenty years of experience in adult neurorehabilitation. As an educator, Teresa began instructing post-graduate courses for allied health professionals in 2008. She has taught throughout Canada and internationally. Since 2015, Teresa has been a guest instructor for the Therapy Assistant's Programs at Red Deer College and Southern Alberta Institute of Technology. Teresa was an invited speaker at the 2016 and 2019 *NDTA Annual Conferences* in Memphis, TN, and Charlotte, NC, and she has presented three clinical posters: in 2012 at the *Association for Spinal Cord Injury Professionals (ASCIP) Conference* in Las Vegas, in 2013 at the *Stroke Congress* in Montreal, and in 2014 at the *Bendable Brain Conference* in Las Vegas. Teresa has served in clinical and leadership positions on stroke units, neurosurgical and neuro-investigating units as well as inpatient and outpatient rehabilitation settings. She has also worked and informed her practice with courses, in the areas of orthopedics, peripheral nerve mobilization and vestibular rehabilitation. Currently, Teresa is on the Stroke Unit at the Foothills Medical Centre in Calgary.

INTENDED AUDIENCE

Occupational Therapists, Physical Therapists, Recreation Therapists, Rehabilitation Assistants.

REGISTRATION PROCEDURE

Scan and email registration form to: ot4lifecalgary@gmail.com (with payment via cheque or e-transfer to follow) OR
Mail registration form and payment to: OT4LIFE Calgary, 1421 41 Street SW, Calgary, AB, T3C 1X7

Space is limited to 20 participants and will be first come, first serve. Payment is required to reserve your spot. Registration confirmation and receipts will be emailed within two weeks of receiving registration form and payment.

REGISTRATION DEADLINE

Early Bird Deadline: \$595 CAD by January 24, 2020

Regular Deadline: \$650 CAD by February 17, 2020

METHOD OF PAYMENT

We accept cheque or Interac e-transfer. Unfortunately, we do not accept payment by credit card.

Interac e-Transfer: Email ot4lifecalgary@gmail.com (no password required).

Please make cheques payable to: "OT4LIFE Calgary". Post-dated cheques are accepted (dated up to February 17, 2020). NSF cheques are subject to a \$50 fee.

REFUND AND CANCELLATION POLICY

Receive a full refund minus a \$75 processing fee before February 17, 2020. No refunds will be given after February 17, 2020. Workshop may be cancelled due to unforeseen circumstances or if sufficient enrollment is not reached by registration deadline. Upon cancellation, a full refund would be provided. In no event shall OT4LIFE Calgary be responsible for any costs (including travel costs), losses, damages or liabilities related to this workshop.

HOST FACILITY

We would like to thank Carewest Dr. Vernon Fanning Centre for providing the space for this course.

PARKING Parking is available on-site for \$10.00 per day.

MORE INFORMATION Contact ot4lifecalgary@gmail.com

HOSTED BY OT4LIFE Calgary

REGISTRATION FORM:

NDT/Bobath Introductory Course in Normal Movement and the Management of Hemiplegia, Ages 6 to

Geriatrics

March 6, 7 and 8, 2020

Instructor: Teresa Siebold

Calgary, AB

Personal Information

Date: _____

Name: _____

Address: _____ Postal Code: _____

City: _____ Province: _____

Employer: _____

Profession: _____

Email address: _____

Phone number: _____

Food allergies or special requests: _____

Signature: _____

Please select rate and method of payment:

Rate:

- \$595 CAD Early Bird Rate until January 24, 2020
 \$650 CAD Regular Rate until February 17, 2020

Method of Payment:

- Cheque
 Interac e-Transfer