NDT/Bobath Introductory Course in Normal Movement and the Management of Hemiplegia “Ages 6 to Geriatrics”

TERESA SIEBOLD, NDTA™ PHYSIOTHERAPY INSTRUCTOR

MARCH 6, 7 and 8, 2020 CALGARY, AB

COURSE DESCRIPTION
This 3-day interdisciplinary course is designed to give participants basic knowledge about the Neuro-Developmental Treatment (NDT)/Bobath approach and how it is applied in rehabilitation to promote recovery of function. In addition to the history and evolution of NDT practice, core concepts from research in neuroplasticity and motor learning will be discussed. The majority of the weekend is spent in hands-on lab practice. Patient demonstration and video, including children, adults and seniors, will be used to augment the learning process. All rehabilitation disciplines from a variety of clinical areas will find this session applicable to their practice.

COURSE OBJECTIVES
Course participants will be able to:
• Analyze normal and abnormal movement during functional activities
• Identify priority movement impairments restricting client performance and efficiency
• Understand basic treatment concepts of NDT
• Apply NDT framework when making treatment choices related to impairments and activities
• Gain handling skills for facilitation and inhibition to promote normal movement
• Apply activity analysis to guide environment and activity set-up during treatment sessions

INSTRUCTOR
Teresa Siebold, B.H.Sc.PT, B.Sc. Kin, NDTA™ PT Instructor, is a physical therapist with over twenty years of experience in adult neurorehabilitation. As an educator, Teresa began instructing post-graduate courses for allied health professionals in 2008. She has taught throughout Canada and internationally. Since 2015, Teresa has been a guest instructor for the Therapy Assistant’s Programs at Red Deer College and Southern Alberta Institute of Technology. Teresa was an invited speaker at the 2016 and 2019 NDTA Annual Conferences in Memphis, TN, and Charlotte, NC, and she has presented three clinical posters: in 2012 at the Association for Spinal Cord Injury Professionals (ASCIP) Conference in Las Vegas, in 2013 at the Stroke Congress in Montreal, and in 2014 at the Bendable Brain Conference in Las Vegas. Teresa has served in clinical and leadership positions on stroke units, neurosurgical and neuro-investigating units as well as inpatient and outpatient rehabilitation settings. She has also worked and informed her practice with courses, in the areas of orthopedics, peripheral nerve mobilization and vestibular rehabilitation. Currently, Teresa is on the Stroke Unit at the Foothills Medical Centre in Calgary.

INTENDED AUDIENCE
Occupational Therapists, Physical Therapists, Recreation Therapists, Rehabilitation Assistants.

TUITION
$595  Early Bird Rate  (until January 24, 2020)
$650  Regular Rate  (until February 17, 2020)
Tuition includes lunches as well as a course handout.

LOCATION
Carewest
Dr. Vernon Fanning Centre
Conference Room 2
722 16 AVE NE
Calgary, AB T2E 6V7

REGISTRATION INFORMATION
Space is limited to 20 participants and will be first come, first serve.

COURSE SCHEDULE
March 6:
Registration 8:00-8:30
March 6, 7 and 8:
8:30-4:30
REGISTRATION PROCEDURE
Scan and email registration form to: ot4lifecalgary@gmail.com (with payment via cheque or e-transfer to follow) OR
Mail registration form and payment to: OT4LIFE Calgary, 1421 41 Street SW, Calgary, AB, T3C 1X7

Space is limited to 20 participants and will be first come, first serve. Payment is required to reserve your spot. Registration confirmation and receipts will be emailed within two weeks of receiving registration form and payment.

REGISTRATION DEADLINE
Early Bird Deadline: $595 CAD by January 24, 2020
Regular Deadline: $650 CAD by February 17, 2020

METHOD OF PAYMENT
We accept cheque or Interac e-transfer. Unfortunately, we do not accept payment by credit card.
Interac e-Transfer: Email ot4lifecalgary@gmail.com (no password required).
Please make cheques payable to: “OT4LIFE Calgary”. Post-dated cheques are accepted (dated up to February 17, 2020). NSF cheques are subject to a $50 fee.

REFUND AND CANCELLATION POLICY
Receive a full refund minus a $75 processing fee before February 17, 2020. No refunds will be given after February 17, 2020. Workshop may be cancelled due to unforeseen circumstances or if sufficient enrollment is not reached by registration deadline. Upon cancellation, a full refund would be provided. In no event shall OT4LIFE Calgary be responsible for any costs (including travel costs), losses, damages or liabilities related to this workshop.

HOST FACILITY
We would like to thank Carewest Dr. Vernon Fanning Centre for providing the space for this course.

PARKING
Parking is available on-site for $10.00 per day.

MORE INFORMATION
Contact ot4lifecalgary@gmail.com

HOSTED BY
OT4LIFE Calgary

REGISTRATION FORM:
NDT/Bobath Introductory Course in Normal Movement and the Management of Hemiplegia, Ages 6 to Geriatrics
March 6, 7 and 8, 2020
Instructor: Teresa Siebold
Calgary, AB

Personal Information

Date: ________________________________

Name: ________________________________________

Address: __________________________________________ Postal Code: ____________

City: __________________________ Province: ________________

Employer: __________________________________________

Profession: _________________________________________

Email address: _______________________________________

Phone number: _______________________________________

Food allergies or special requests: ________________________________

Signature: ____________________________________________

Please select rate and method of payment:

Rate:
__ $595 CAD  Early Bird Rate until January 24, 2020
__ $650 CAD  Regular Rate until February 17, 2020

Method of Payment:
__ Cheque
__ Interac e-Transfer