

**Please call or email
us for more
information!**

Fees:

\$75 per registrant by
cheque

Please register by Sept 30,
2019

**please contact us if you have
questions regarding payment
and registration

Location:

Royal University Hospital
Ground Floor (E-Wing)
Room 696A



**Royal University
Hospital Hand
Therapy Basics
Workshop**

**Management of Tendon
Injuries, Fractures,
Chronic Conditions,
Fabrication of Orthoses,
Manual Therapy &
Assessment**

October 17 & 18, 2019

Presented by:

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Course Objectives

- 1) To have a better understanding of digital anatomy
- 2) To feel more confident in performing a general hand assessment.
- 3) To have a better grasp of performing manual therapy on patients requiring ROM, scar massage, etc.
- 4) To better understand how to treat various tendon injuries and fractures
- 5) To feel more confident in fabricating the most commonly used splints in hand therapy
- 6) To help rural therapists develop a basic guide to treatment planning for various diagnoses that can continue to be built upon

Program Outline

Thursday Oct 17, 2019

12:45 – 4:30

Flexor Tendon Rehabilitation
Extensor Tendon
Rehabilitation by Zones
Flexion Contractures and
Serial Casting

Friday Oct 18, 2019

8:00 – 5:00

Fractures
Joint Dislocations &
Ligamentous Injuries
Trigger Finger Management
Arthritis Management
Dupuytren's Disease
Management of Stiff Hands
Practical Portion:
Assessment and Manual
Therapy
Fabrication of Various Splints

REGISTRATION

NAME: _____

ADDRESS: _____

CITY: _____

PHONE: _____

EMAIL: _____

PROFESSION: _____

Please make cheque payable to:

RUH Foundation c/o
Occupational Therapy