

Competency Unit 1: Assume Professional Responsibility

Item 1

I practise within the scope of professional and personal limitations and abilities.	I meet Consistently	I need or want to improve	N/A	Please provide at least one example describing how this item of competency is achieved in your current area of practice. Attach additional pages if necessary.	Cross check with E.C. Performance Indicators
a. I can identify the scope of occupational therapy practice and how my practice fits within that scope.	•			- I am very comfortable clarifying my role, and maintain strong relationships with my co-professionals and I feel comfortable clarifying referrals or re-directing referrals to a better suited profession	1.1.1
b. I can explain how my practice setting impacts my scope of practice.	•			- I routinely present the role of OT during nursing student and jurisi orientation - I am a member of a Canada wide email list-serve where OT's in my same practice area can ask for feedback and/or discuss new ideas	1.1.2 1.1.3
c. I keep abreast of changes that affect my practice.		•		- This list-serve is a great opportunity that I do not always make time for in my practice.	1.14
d. I identify my personal and professional limitations and work within these to maintain my practice at an acceptable level.		•		- Better managing my caseload size would reduce my stress and lead to more timely service for referrals I have committed to - I have made efforts to educate myself about the different professions that I work along side	1.1.5 1.1.6
e. I identify and manage overlaps between my scope of practice and the roles of other professions and stakeholders.	•			- I have developed and presented an in-service to my co-workers about occupational therapy and OT's role in my practice area. I was conscious to invite discussion and have encouraged other professions to present as well	1.1.7

Professional Development Plan

Name: _____

Date form completed: _____

The Self-Assessment Tool provides an opportunity to engage in self reflection relating to the Essential Competencies of Practice for Occupational Therapists in Canada, which were adopted by SSOT in 2004 as requirements for occupational therapists to practice in Saskatchewan.

As maintaining competency is an ongoing process, it is important to regularly

- Identify particular areas which may require further attention to enhance practice and,
- Develop and implement a plan for professional development.

The following is a tool which may facilitate this process

Item Number for Self-Assessment Tool	Goals	Strategies	Timelines	Current Status
1. I practice within the scope of professional and personal limitations and abilities c) I keep abreast of changes that affect my practice.	- contribute more to email list-serve discussions - read more articles	- set time aside in dayplanner to contribute - plan a monthly literature sharing group with co-workers	- immediately - start within 3 months	- 03/10/09- time blocked off in day timer for next 6 months -03/10/09- email sent to 2 co-workers for expression of interest
1. I practice within the scope of professional and personal limitations and abilities d) I identify my personal and professional limitation and	-Improve caseload management to reduce personal stress and provide more timely services to referrals I have accepted	- compile a caseload review at the end of each month - develop a classification system to rate the intensity of involvement for each referral	- immediate - within 3 months	-03/10/09 - time set aside at end of each month in day-timer -05/25/2009 - meeting scheduled to talk with admin support about process options

work within these limitation to maintain my practice at an acceptable level		- compile monthly reviews annually and discuss with management	- annually	
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SAMPLE